# PrEP@PIMAN

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## PIMAN Clinic

- HIV Voluntary Counseling and Testing (VCT) for MSM
  - Bisexual, TG and Gay men
  - For Free!
- Run by Research Institute for Health Sciences
  - Skilled nurses (counsellors) and physician
- Located at Nimman Soi 13
- www.pimancenter.com
- https://www.facebook.com/PimancenterChiangmai







## Our Ongoing Project: PrEP@PIMAN

• Objective: การศึกษาการยอมรับต่อการรับประทานยาต้านไวรัสล่วงหน้าเพื่อ ป้องกันการติดเชื้อเอชไอวีในกลุ่มชายที่มีเพศสัมพันธ์กับชายและสาวประเภทสอง

# Rationale and recruitment plan

## Global/Thailand HIV incidence and prevalence

#### Global summary of the AIDS epidemic | 2014

Number of people Iiving with HIV in 2014 Total 36.9 million [34.3 million – 41.4 million]

Adults 34.3 million [31.8 million – 38.5 million]

Women 17.4 million [16.1 million – 20.0 million]

Children (<15 years) 2.6 million [2.4 million – 2.8 million]

 People newly infected with HIV in 2014
 Total 2.0 million [1.9 million - 2.2 million]

 Adults 1.8 million [1.7 million - 2.0 million]

 Children (<15 years) 220 000 [190 000 - 260 000]</td>

AIDS deaths in 2014 Total 1.2 million [980 000 – 1.6 million]
Adults 1.0 million [890 000 – 1.3 million]
Children (<15 years) 150 000 [140 000 – 170 000]

• THAILAND

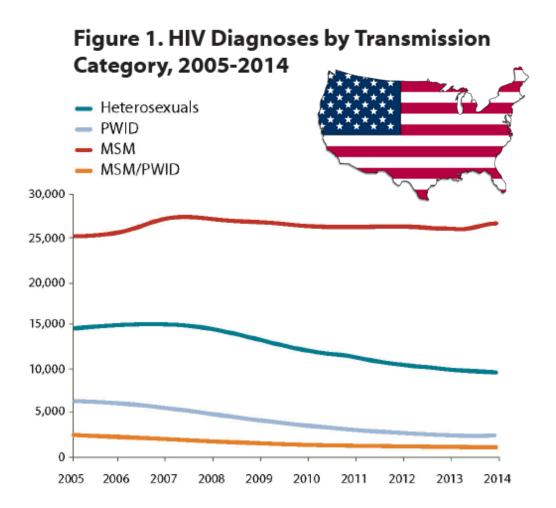


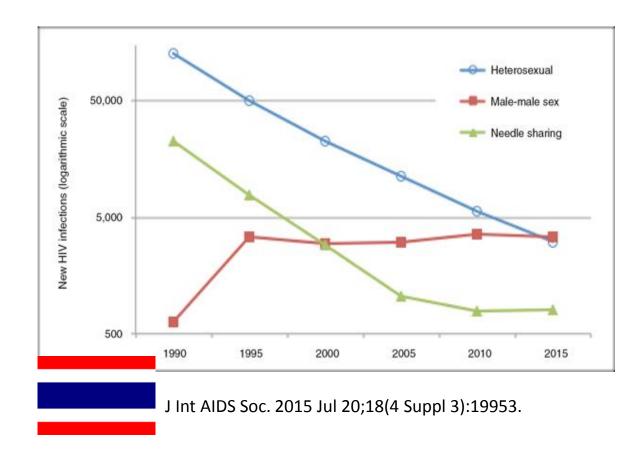
- Estimated people living with HIV in 2015: 1.5 millions
  - Estimated total population > 65
     m
  - PLWH = 2.3%
  - 85% = 15-45 y/o
- New HIV infection in 2015: ~ 7000
- Mortality in 2015: ~ 16,000





## HIV Statistic by groups





Data source: CDC.gov

## Prevention Strategy



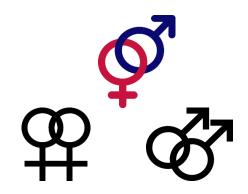
**GOAL** 





Unexposed





Exposed (pre-coital)

Exposed (post-coital)











การศึกษา	กลุ่มประชากร	ยาที่ใช้	ประสิทธิผลโดยรวม	Adherence โดยรวม	ประสิทธิผลเมื่อ Adherence สูง
IPERGAY	MSM	FTC/TDF	86%		
PROUD	MSM	FTC/TDF	86%	-	-
Partner PrEP	Serodiscordant heterosexual	FTC/TDF TDF	44%	81%	90% 86%
TDF2	Heterosexual men & women	EP W		79%	78%
iPrEX	bi.		44%	51%	92%
Bangkok TDF	IVL	TDF	49%	84%	74%
FEM PrEP	Women	FTC/TDF	6%	35-38%	No protection
VOICE	Women	FTC/TDF TDF	-4% -49%	<30%	No protection

## PrEP is widely accepted!

US Public Health Service

### PREEXPOSURE PROPHYLAXIS FOR THE PREVENTION OF HIV INFECTION IN THE UNITED STATES - 2014

A CLINICAL PRACTICE GUIDELINE





#### Increasing PrEP Use

#### A focused effort \_\_\_\_ by New York State

to increase PrEP uptake started in June 2014 and included:

- 1. Provider Training
- 2. Raising Awareness
- 3. Ensuring Medicaid Coverage



In 2015, WHO recommends that PrEP should be considered for people at substantial risk of acquiring HIV as part of HIV prevention

**GUIDELINES** 



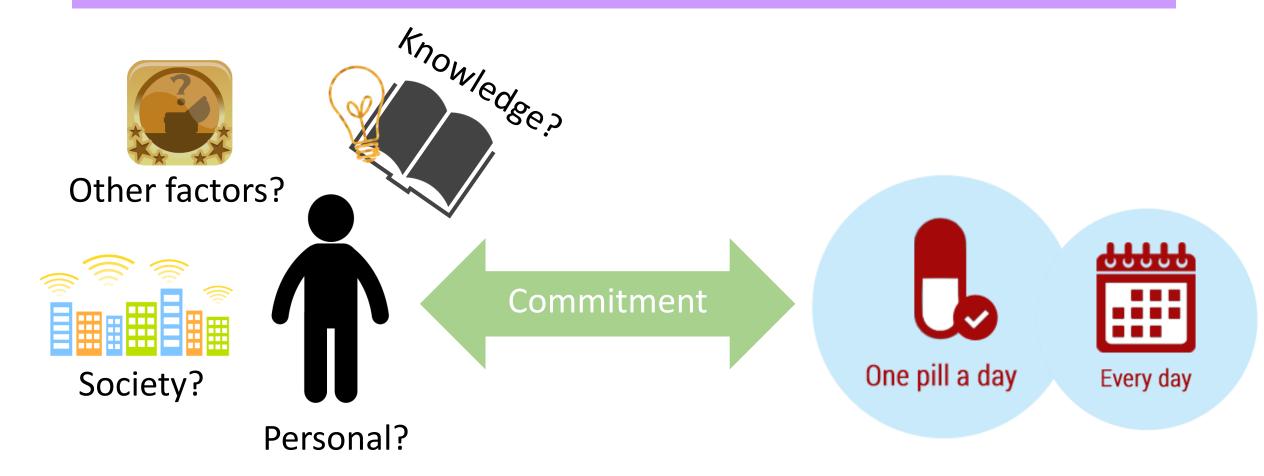
GUIDELINE ON WHEN
TO START ANTIRETROVIRAL
THERAPY AND
ON PRE-EXPOSURE
PROPHYLAXIS FOR HIV

SEPTEMBER 2015





# PrEP@PIMAN – Demonstration Project "Real life" situation

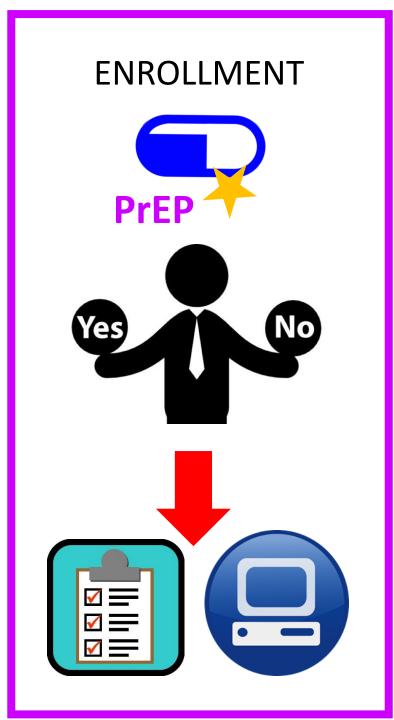


**Number of participants = 200** 

## PrEP@PIMAN:

**SCREENING SAFETY LABS** PHYSICIAN EVAL ≥ 18 y/o HBs Ag = neg

**HIV NEGATIVE** 



## Any prescribing health care provider can deliver PrEP care.

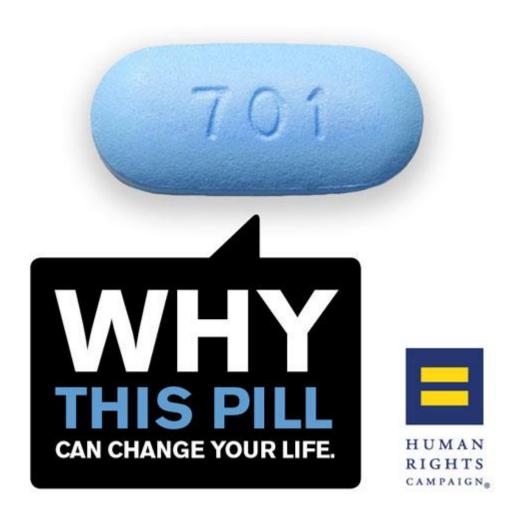




Read the full 2014 PrEP
Clinical Practice Guidelines:

www.cdc.gov/hiv/pdf/PrEPguidelines2014.pdf
Call the PrEP Clin
(855) 448-7737
or (855) HIV-PrEP

Call the PrEP Clinician Helpline: (855) 448-7737 or (855) HIV-PrEP





## THANK YOU ©

## PrEP Efficacy

Study (location)	Population	Design	Relative reduction in HIV incidence in intention-to-treat analysis	PrEP detection in blood samples from non-seroconverters					
Completed trials (ordered by decreasing HIV risk reduction in primary intention-to-treat analysis)									
Partners PrEP Study	4747 heterosexual men and women with HIV infected partners	1:1:1 randomization to daily oral TDF, FTC/TDF, or placebo		82% Detection of tenofovir in blood associated					
(Kenya, Uganda)	(serodiscordant couples)		FTC/TDF: 75% (95% CI 55-87%, p<0.0001)	with 86-90% HIV protection.					
TDF2 Study (Botswana)	1219 heterosexual men and women	1:1 randomization to daily oral FTC/TDF or placebo	FTC/TDF: 63% (95% CI 22-83%, p=0.01)	79%					
iPrEx (Brazil, Ecuador, Peru, South Africa, Thailand, US)	2499 MSM and transgender women	1:1 randomization to daily oral FTC/TDF or placebo	FTC/TDF: 44% (95% CI 15-63%, p=0.005)	51% Detection of tenofovir associated with 92% HIV protection, high adherence with >95% protection.					
CAPRISA 004 (South Africa)	889 women	1:1 randomization to intercourse-associated use of tenfovir vaginal gel or placebo	Tenofovir gel: 39% (95% CI 6-60%, p=0.02)	Detection of high concentrations of tenofovir (>1000 ng/mL) in cervicovaginal fluid associated with 74% reduced HIV risk.					
FEM-PrEP (Kenya, South Africa, Tanzania)	2120 women	1:1 randomization to daily oral FTC/TDF or placebo	FTC/TDF: No HIV protection	35-38% at a single visit, 26% at two consecutive visits					
VOICE (South Africa, Uganda, Zimbabwe)	5029 women	1:1:1:1:1 randomization to daily oral TDF, FTC/TDF, oral placebo, tenofovir vaginal gel, or gel placebo	TDF: No HIV protection FTC/TDF: No HIV protection Tenofovir gel: No HIV protection	≤30% of samples had tenofovir detected. ≥50% of women in each of the active arms <u>never</u> had tenofovir detected, at any time during their follow-up					
Trials in progress									
Bangkok Tenofovir Study (Thailand)	2413 injection drug users	1:1 randomization to daily oral TDF or placebo	TDF: Results expected 2013.	Not available					
IPERGAY (France, Canada)	1900 men who have sex with men	1:1 randomization to FTC/TDF or placebo, used with intercourse	FTC/TDF: Results expected 2016.	Not available					

 Efficacy > 90% (if taking meds every day!!)

Source: natap.org

**ตารางที่ 7.1** ประสิทธิผลของ PrEP จากการศึกษาในกลุ่มประชากรต่างๆ แสดงตาม adherence ในการกินยา

การศึกษา	กลุ่มประชากร	ยา PrEP ที่ใช้	ประสิทธิผล โดยรวม	Adherence ในการศึกษา	ประสิทธิผล เมื่อมี adherence สูง
Partners PrEP	Serodiscordant	FTC/TDF	75%	1%	90%
	heterosexual couples	TDF			86%
TDF2	Heterosexual men	FTC/TF	ks!		78%
	and women	(0)			
iPrEX	Men w	Mo	.+%	51%	92%
Bangkok TDF		1DF	49%	84%	74%
FEM-PrEP	Women	FTC/TDF	6%	35-38%	No protection
VOICE	Women	FTC/TDF	-4%	< 30%	No protection
		TDF	-49%		No protection

