## Limb Salvage in Diabetic Ischemic Foot

Kritaya Kritayakirana, MD, FACS Assistant Professor Chulalongkorn University April 30, 2017



### สมาคมแผลไหม้และสมานแผล (ประเทศไทย) Burn and Wound Healing Association (Thailand)

### Pre-Congress: Advanced Diabetic Foot Course ห้องสัมมนา 2 อาคารเฉลิมพระบารมี ๕๐ ปี ซอยศูนย์วิจัย ถนนเพชรบุรีตัดใหม่ กรุงเทพฯ 30 เมษายน 2560

08.00-08.30 ลงทะเบียน 08.30-09.00 เปิดการประชุม

### ศ.เกียรติคุณ นพ.จอมจักร จันทรสกุล ศ.คลินิก นพ.อภิรักษ์ ช่วงสุวนิช

ศ.นพ.เทพ หิมะทองคำ Burden and Pitfall in Management of Diabetic Foot Ulcer in Thailand 09.00-09.20

รศ.พญ.ทิพาพร ธาระวานิช

- Summary of the New Diabetic Foot Infection Guidelines (2016 IWGDF DFI guideline) 09.40-10.00
  - ศ.นพ.กิตติพันธุ์ ฤกษ์เกษม อ.นพ.เทิดภูมิ เบญญากร

ศ.นพ. พรพรหม เมืองแมน ศ.นพ.กิตติพันธุ์ ฤกษ์เกษม ผศ.นพ. กฤตยา กฤตยากีรณ

รศ.พญ.กุลภา ศรีสวัสดิ์

นาวาเอก นพ.พิสิทธิ์ เจริญยิ่ง รศ.นพ.ก้องเขต เหรียญสุวรรณ อ.นพ.พรเทพ สิริมหาไชยกล ผศ.นพ.พรเทพ พึ่งรัศมี รศ.พญ.กุลภา ศรีสวัสดิ์

Practical Guideline in Management Diabetic Foot Ulcer in Thailand 09.20-09.40 Surgical Debridement and its Evidence 10.00-10.20 Break 10.20-10.40 Surgical Debridement Using Hydrosurgery 10.40-11.00 How Much Flow is enough for Healing 11.00-11.20 11.20-11.40 Limb Salvage in Diabetic Ischemic Foot Off Loading for Diabetic Foot Ulcer 11.40-12.00 12.00-13.00 Lunch 13.00-13.20 Hyperbaric Oxygen - Myth and Facts 13.20-13.40 Management of Osteomyelitis 13.40-14.00 Choosing the Ideal Dressing 14.00-14.20 Silver Dressing for Diabetic Wound 14.20-14.40 How the Team Approach has changed the Practice 14.40-15.00 Break





- Male 67 years old
- Underlying DM, HTN, TVD
- Present with gangrene at right big toe
   Orthopedic went on amputation early December
  - 2016





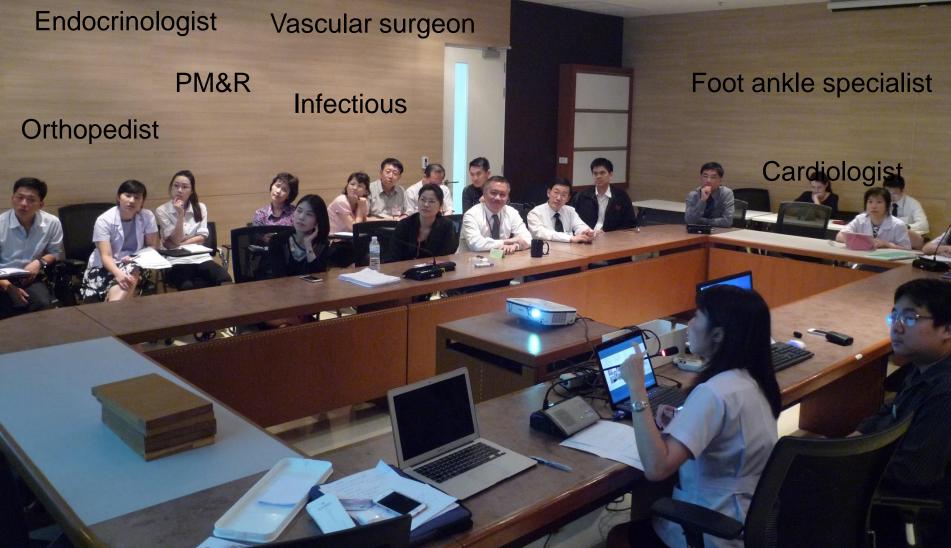






### Nurse coordinator

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## **KCMH 2016**

BKAAKA

38 28



Diabetic foot Presentations

- Ulceration
- Ankle destruction
- Prevention

# The treatment of diabetic foot ulcers begins with

A comprehensive assessment of the ulcer
Patient's overall medical condition.
Underlying neuropathy
Bony deformity
Peripheral artery disease



### The management of diabetic foot: A clinical practice guideline by the Society for Vascular Surgery in collaboration with the American Podiatric Medical Association and the Society for Vascular Medicine

Anil Hingorani, MD,<sup>a</sup> Glenn M. LaMuraglia, MD,<sup>b</sup> Peter Henke, MD,<sup>c</sup> Mark H. Meissner, MD,<sup>d</sup> Lorraine Loretz, DPM, MSN, NP,<sup>c</sup> Kathya M. Zinszer, DPM, MPH, FAPWCA,<sup>f</sup> Vickie R. Driver, DPM, MS, FACFAS,<sup>g</sup> Robert Frykberg, DPM, MPH, MAPWCA,<sup>h</sup> Teresa L. Carman, MD, FSVM,<sup>†</sup> William Marston, MD,<sup>†</sup> Joseph L. Mills Sr, MD,<sup>k</sup> and Mohammad Hassan Murad, MD, MPH,<sup>†</sup> Brooklyn, NT; Boston and Worcester, Mass; Ann Arbor, Mick; Seattle, Wash; Danville, Pa; Providence, RI; Phoenix Ariz; Cleveland, Obio; Chapel Hill, NC; Houston, Tex; and Rochester, Minn

Background: Diabetes mellitus continues to grow in global prevalence and to consume an increasing amount of health care resources. One of the key areas of morbidity associated with diabetes is the diabetic foot. To improve the care of patients with diabetic foot and to provide an evidence-based multidisciplinary management approach, the Society for Vascular Surgery in collaboration with the American Podiatric Medical Association and the Society for Vascular Medicine developed this clinical practice guideline.

Methods: The committee made specific practice recommendations using the Grades of Recommendation Assessment, Development, and Evaluation system. This was based on five systematic reviews of the literature. Specific areas of focus included (1) prevention of diabetic foot ulceration, (2) off-loading, (3) diagnosis of osteomyclitis, (4) wound care, and (5) peripheral arterial disease.

Results: Although we identified only limited high-quality evidence for many of the critical questions, we used the best available evidence and considered the patients' values and preferences and the clinical context to develop these guidelines. We include preventive recommendations such as those for adequate glycemic control, periodic foot inspection, and patient and family education. We recommend using custom therapeutic footwear in high-risk diabetic patients, including those with significant neuropathy, foot deformities, or previous amputation. In patients with plantar diabetic foot ulcer (DFU), we recommend off-loading with a total contact cast or irremovable fixed ankle walking boot. In patients with a new DFU, we recommend probe to bone test and plain films to be followed by magnetic resonance imaging if a soft tissue abscess or ostcomyelitis is suspected. We provide recommendations on comprehensive wound care and various débridement methods. For DFUs that fail to improve (>50% wound area reduction) after a minimum of 4 weeks of standard wound therapy, we recommend adjunctive wound therapy options. In patients with DFU who have peripheral arterial disease, we recommend revascularization by either surgical bypass or endovascular therapy.

Conclusion: Whereas these guidelines have addressed five key areas in the care of DFUs, they do not cover all the aspects of this complex condition. Going forward as future evidence accumulates, we plan to update our recommendations accordingly. (J Vasc Surg 2016;63:35-218.)

Diabetes is one of the leading causes of chronic disease and limb loss worldwide, currently affecting 382 million people. It is predicted that by 2035, the number of reported diabetes cases will soar to 592 million.<sup>1</sup> This disease affects the developing countries disproportionately as >80% of diabetes deaths occur in low- and middle-income countries.<sup>2</sup>

As the number of people with diabetes is increasing globally, its consequences are worsening. The World

From the NYU Lutheran Medical Center, Brooklyn<sup>2</sup>, the Massachusetts General Hospital and Harvard Medical School, Boston<sup>3</sup>, the University of Michigan, Ann Arbor<sup>2</sup>, the University of Washington, Scattle<sup>4</sup>, the UMass Memorial, Worcester<sup>2</sup>, the Geisinger Health System, Danville<sup>4</sup>, the Brown University, Alpert Medical School, Providence<sup>4</sup>, the Carl T. Hayden Veterans Affairs Medical Center, Phoenik<sup>2</sup>, the University Hospitals Case Medical Center, Cleveland<sup>4</sup>, the University of North Carolina School of Medicine, Claspel Hill<sup>2</sup>, the Baylor College of Medicine in Houston, Houston<sup>2</sup>, and the Mayo Clinic, Rochester.<sup>1</sup>

Author conflict of interest: none.

Correspondense: Anii Hingorani, MD, NYU Lutheran Medical Center, 150 55th St, Brooklyn, NY 11220 (e-mail: ahingorani67@gmail.com). Independent peer review and oversight have been provided by members of the Society fir Vascular Sangary Document Oversight Committee: Peter Gioviceki, MD (Chair), Michael Conte, MD, Mark Iblandai, MD, Thomas Yobes, MD, Michel Makaroan, MD, Greg Moneta, MD, Russell Samson, MD, Timme Sanac, MD, Fergiorgio Settembrini, MD, and Thomas Wakefield, MD. 0741-5214

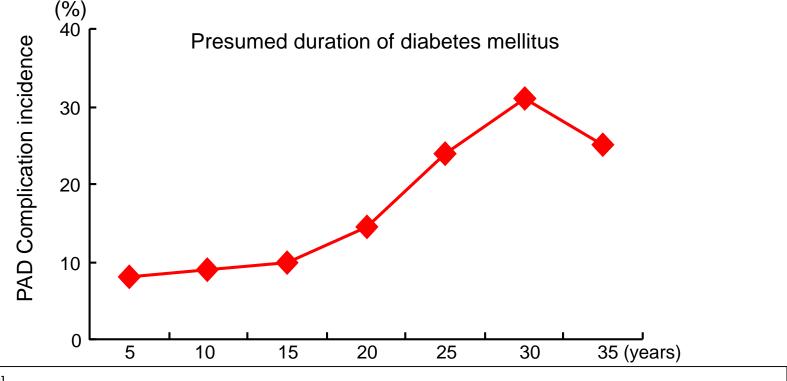
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http://dx.doi.org/10.1016/j.jvs.2015.10.003



### **Duration of Diabetes Mellitus and Incidence of Peripheral Artery Disease (PAD) Complications**

## The longer diabetes history extends, the likelihood of the incidence of developing a PAD complication increases.



[Subjects]

705 diabetic patients (406 male and 299 female patients)

[Methods]

The diagnosis with PAD was made when either of the followings was met:

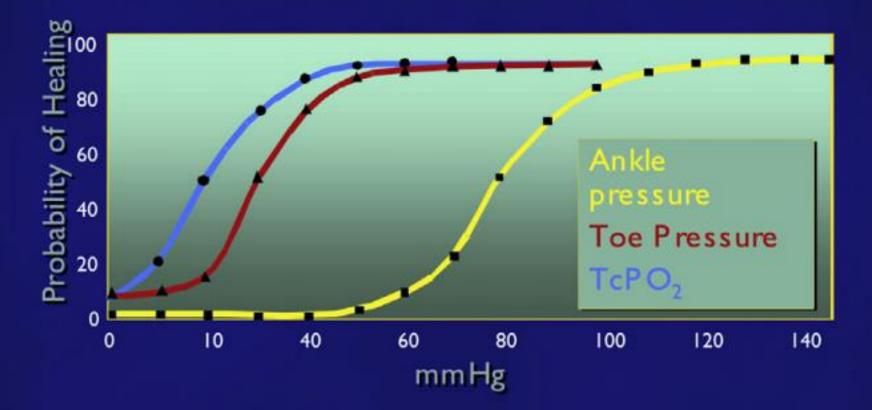
(1) ABI≤0.8 (2) ABI≤0.8 with pulse difference between right/left and confirmed presence of intermittent claudication

(3) Calcification in the lower extremity with right/left pulse difference

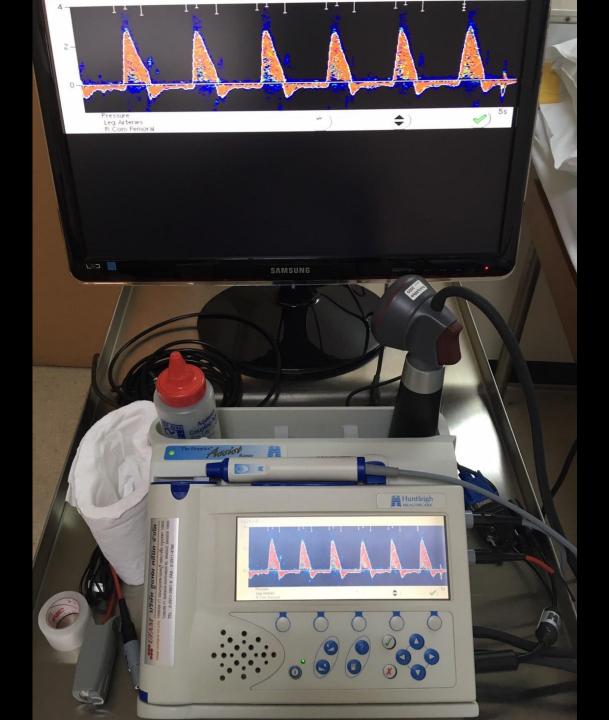
(4) Calcification in the lower extremity with the presence of intermittent claudication

Murase T. et al. Clinical Endoclinology, 41(2): 187-192, 1993

## Hemodynamics and Probability of Healing of a Diabetic Foot Ulcer



Healing unlikely if toe pressure < 55 mmHg











### TCM4 SERIES







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Ref.		1.	00 RPI		1.63	RPI	
2	-	23	3 tc pO <sub>2</sub> mmHg		64	tc pO <sub>2</sub> mmHg	5
		0.	94 RPI		2.62	RPI	Ŭ
3		53	3 tc pO <sub>2</sub> mmHg		30	tc pO <sub>2</sub> mmHg	6
		2.	14 RPI		1.20	RPI	Ŭ
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RADIOMETER





## **Wagner wound classification**

Grade 0 — No ulcer in a high risk foot

Grade 1 — Superficial ulcer involving the full skin thickness but not underlying tissues

Grade 2 — Deep ulcer, penetrating down to ligaments and muscle, but no bone involvement or abscess formation

Grade 3 — Deep ulcer with cellulitis or abscess formation, often with osteomyelitis

Grade 4 — Localized gangrene

Grade 5 — Extensive gangrene involving the whole foot

# Grade 1 Superficial ulcer involving the full skin thickness but not underlying tissues



Grade 2 Deep ulcer, penetrating down to ligaments and muscle, but no bone involvement or abscess formation



# Grade 3 Deep ulcer with cellulitis or abscess formation, often with osteomyelitis



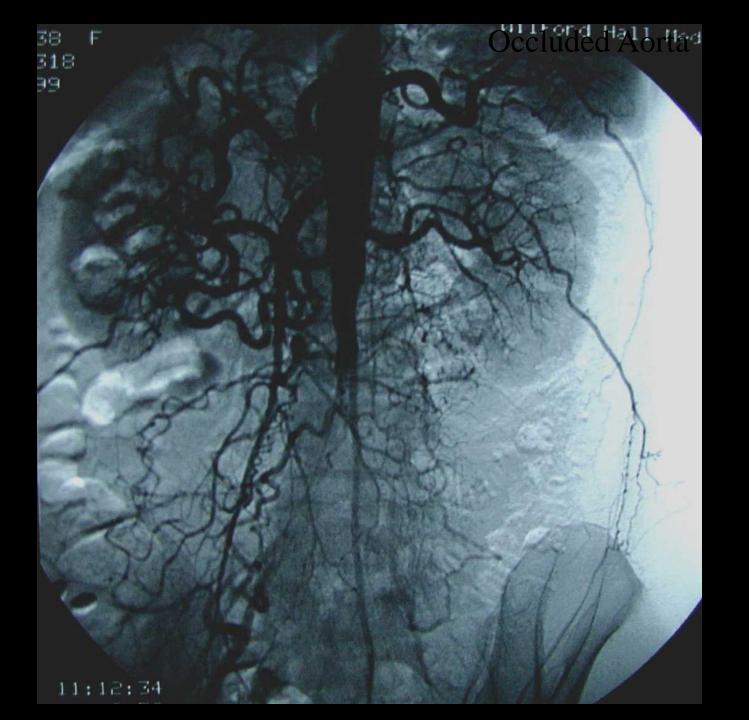
### Grade 4 Localized gangrene

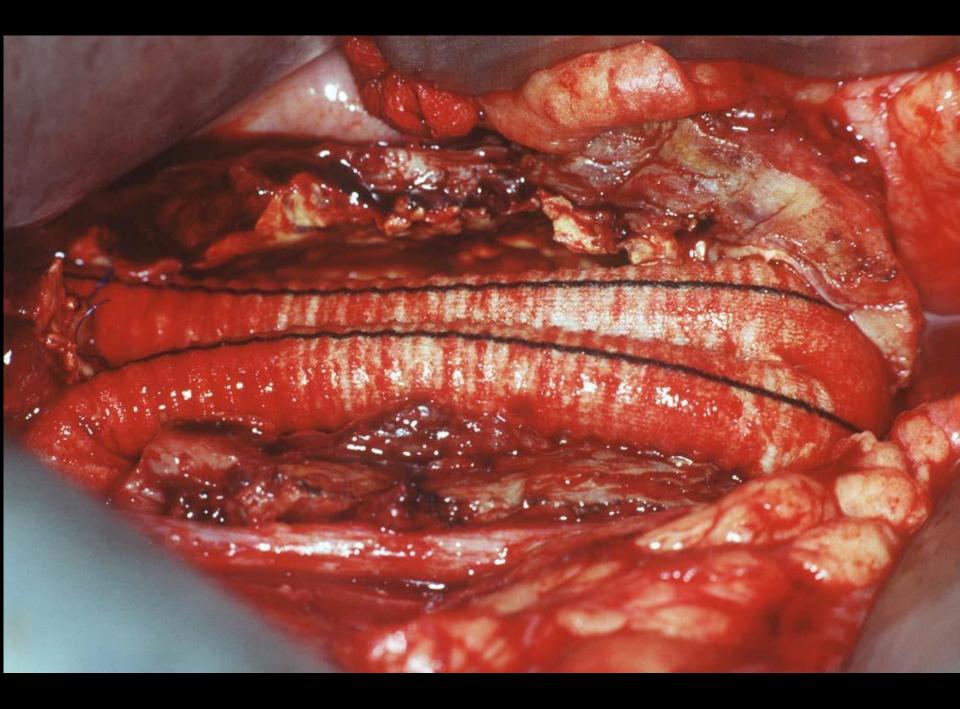




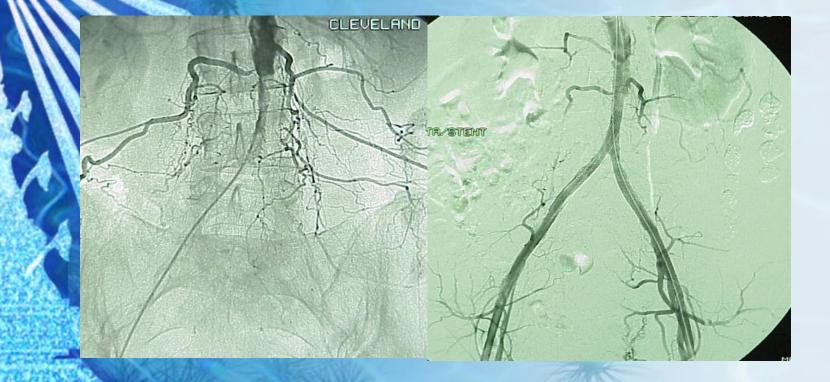
# Surgery

 Indication when fail medical and exercise treatment PTA is preferred when possible in patients who are 50 years of age or younger, because they have a higher risk of graft failure after surgical therapy than do older patients





### SMALLER INCISIONS: DECREASED PAIN/ QUICKER RECOVERY



## Trans Atlantic Inter Society Consensus (TASC)

### Inter-Society Consensus for the Management of Peripheral Arterial Disease (TASC II)

L. Norgren,<sup>a</sup> W.R. Hiatt,<sup>b</sup> J.A. Dormandy, M.R. Nehler, K.A. Harris, and F.G.R. Fowkes on behalf of the TASC II Working Group, *Örebro, Sweden and Denver, Colorado* 

#### INTRODUCTION

The Trans-Atlantic Inter-Society Consensus Document on Management of Peripheral Arterial Disease (TASC) was published in January 20001-3 as a result of cooperation between fourteen medical and surgical vascular, cardiovascular, vascular radiology and cardiology societies in Europe and North America. This comprehensive document had a major impact on vascular care amongst specialists. In subsequent years, the field has progressed with the publication of the CoCaLis document<sup>4</sup> and the American College of Cardiology/American Heart Association Guidelines for the Management of Peripheral Arterial Disease.<sup>5</sup> Aiming to continue to reach a readership of vascular specialists, but also physicians in primary health care who see patients with peripheral arterial disease (PAD), another consensus process was initiated during 2004. This new consensus document has been developed with a broader international representation, including Europe, North America, Asia, Africa and Australia, and with a much larger distribution and dissemination of the information. The goals of this new consensus are to provide an abbreviated document (compared with the publication in 2000), to focus on key aspects of diagnosis and management, and to update the information based on new publications and the newer guidelines, but not to add an extensive list of references. Unreferenced statements are, therefore, to be found, provided they are recognized as common practice by the authors, with existing evidence. The recommendations are graded according to levels of evidence. It should also be emphasized that good practice is based on a combination of the scientific evidence described below, patients' preferences, and local availability of facilities and trained professionals. Good practice also includes appropriate specialist referral.

0741-5214/\$32.00

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#### Process

Representatives of sixteen societies from Europe, North America, Australia, South Africa and Japan were elected from their respective society and were called together in 2004 to form the new Working Group. Specialists in health economics, health outcomes and evidence-based medicine were also included to elaborate on the text for the following sections: history, epidemiology and risk factors; management of risk factors; intermittent claudication; critical limb ischemia; acute limb ischemia; and technologies (intervention/revascularization and imaging).

The Working Group reviewed the literature and, after extensive correspondence and meetings, proposed a series of draft documents with clear recommendations for the diagnosis and treatment of PAD. Each participating society reviewed and commented on these draft consensus documents. The liaison member from each society then took these views back to the Working Group, where all of the amendments, additions and alterations suggested by each participating society were discussed, and the final Consensus Document was agreed upon.

The participating societies were then again invited to review the final document and endorse it if they agreed with its contents. If an individual participating society did not accept any specific recommendation, this is clearly indicated in the final document. Therefore, except where such specific exclusions are indicated, this Consensus Document represents the views of all of the participating societies.

Compared with the original TASC, more emphasis has been put on diabetes and PAD. The text is presented in such a way that vascular specialists will still find most of the information they require, while general practitioners and primary health physicians will easily find guidance for diagnosis and diagnostic procedures, referral of patients and expected outcome of various treatment options.

#### Grading of recommendations

Recommendations and selected statements are rated according to guidance issued by the former US Agency for Health Care Policy and Research,<sup>6</sup> now renamed the Agency for Healthcare Research and Quality:

From the Department of Surgery, University Hospital,<sup>a</sup> and University of Colorado School of Medicine and Colorado Prevention Center.<sup>b</sup>

Correspondence: L. Norgren, Department of Surgery, University Hospital, Orebro, Sweden (e-mail: lars.norgren@orebroll.se) and W.R. Hiatt, University of Colorado School of Medicine, Denver, CO (e-mail: will.hiatt@uchsc.edu).

Table 4. TransAtlantic Inter-Society Consensus on Classification of Femoral Lesions and Recommended Approaches When Revascularization Is Planned.\*

Lesion Type	Characteristics	Recommended Treatment		
А	Single stenosis ≤10 cm long Single occlusion ≤5 cm long	Percutaneous transluminal angioplasty strong- ly preferred		
В	Multiple lesions, each ≤5 cm in length Single lesion ≤15 cm long, not involving the popliteal artery below the knee Single or multiple lesions in the absence of continu- ous tibial vessels for distal bypass Heavily calcified occlusion ≤5 cm long Single popliteal stenosis	Percutaneous transluminal angioplasty gener- ally preferred		
С	Multiple lesions >15 cm long Recurrent lesions after two endovascular interventions	Percutaneous transluminal angioplasty or sur- gery, depending on risk-benefit ratio		
D	Occlusion >20 cm long Occlusion of the popliteal or tibial–peroneal vessels	Surgery generally preferred		

The Society for Vascular Surgery Lower Extremity Threatened Limb Classification System: risk stratification based on wound, ischemia, and foot infection (WIfI).

J Vasc Surg. 2014 Jan;59(1)



## SVS WIfl

 Wound Ischemia Foot Infection none mild moderate severe

>0.8 0.6-0.79 0.4-0.59 <0.4

#### a, Estimate risk of amputation at 1 year for each combination

	Ische	emia – 0 Ischemia – 1				Ischemia – 2				Ischemia – 3						
<b>W-0</b>	VL	VL	L	Μ	VL	L	Μ	Η	L	L	Μ	Η	L	Μ	Μ	Η
W-1	VL	VL	L	Μ	VL	L	Μ	Η	L	Μ	Η	Н	Μ	Μ	Η	Н
<b>W-2</b>	L	L	Μ	Η	Μ	Μ	Η	Η	Μ	Η	Η	Н	Η	Η	Η	Η
W-3	Μ	Μ	Η	Η	Η	Η	Η	Η	Н	Η	Η	Н	Η	Η	Η	Н
	fI-	fI-	fI-	fI-	fI-	fI-	fI-	fI-	fI-	fI-	fI-	fI-	fI-	fI-	fI-	fI-
	0	1	2	3	0	1	2	3	0	1	2	3	0	1	2	3

**b**, Estimate likelihood of benefit of/requirement for revascularization (assuming infection can be controlled first)

	Ischemia – 0				Ischemia – 1			Ischemia – 2				Ischemia – 3				
<b>W-0</b>	VL	VL	VL	VL	VL	L	L	Μ	L	L	Μ	Μ	Μ	Η	Η	Н
W-1	VL	VL	VL	VL	L	Μ	Μ	Μ	Μ	Η	Η	Н	Η	Η	Η	Η
W-2	VL	VL	VL	VL	Μ	Μ	Η	Η	Η	Η	Η	Η	Η	Η	Η	Η
W-3	VL	VL	VL	VL	Μ	Μ	Μ	Η	Н	Η	Η	Н	Η	Η	Η	Н
	f-0	fI-	fI-	fI-	fI-	fI-	fI-	fI-	fI-	fI-	fI-	fI-	fI-	fI-	fI-	fI-
		1	2	3	0	1	2	3	0	1	2	3	0	1	2	3

W: Wound/clinical category

SVS grades for rest pain and wounds/tissue loss (ulcers and gangrene):

0 (ischemic rest pain, ischemia grade 3; no ulcer) 1 (mild) 2 (moderate) 3 (severe)

Grade	Ulcer	Gangrene				
<b>0</b> Clinical de	No ulcer scription: ischemic rest pain (requires typical symptoms + ischemia grade 3); no v	No gangrene wound.				
I       Small, shallow ulcer(s) on distal leg or foot; no exposed bone, unless limited to distal phalanx       No gangrene         Clinical description: minor tissue loss. Salvageable with simple digital amputation (1 or 2 digits) or skin coverage.						
2 Clinical de	Deeper ulcer with exposed bone, joint or tendon; generally not involving the heel; shallow heel ulcer, without calcaneal involvement scription: major tissue loss salvageable with multiple (≥3) digital amputations or	Gangrenous changes limited to digits standard TMA ± skin coverage.				
	Extensive, deep ulcer involving forefoot and/or midfoot; deep, full thickness heel ulcer ± calcaneal involvement scription: extensive tissue loss salvageable only with a complex foot reconstruction of erage or complex wound management needed for large soft tissue defect	Extensive gangrene involving forefoot and /or midfoot; full thickness heel necrosis ± calcaneal involvement or nontraditional TMA (Chopart or Lisfranc);				

#### <u>I</u>: Ischemia Hemodynamics/perfusion: Measure TP or TcPO<sub>2</sub> if ABI incompressible (>1.3)

SVS grades 0 (none), 1 (mild), 2 (moderate), and 3 (severe).

Grade	ABI	Ankle systolic pressure	TP, TcPO <sub>2</sub>
0	$\geq 0.80$	>100 mm Hg	≥60 mm Hg
1	0.6-0.79	70-100 mm Hg	40-59 mm Hg
2	0.4-0.59	50-70 mm Hg	30-39 mm Hg
3	$\leq 0.39$	<50 mm Hg	<30 mm Hg

#### fI: foot Infection:

SVS grades 0 (none), 1 (mild), 2 (moderate), and 3 (severe: limb and/or life-threatening)

SVS adaptation of Infectious Diseases Society of America (*IDSA*) and International Working Group on the Diabetic Foot (IWGDF) perfusion, extent/size, depth/tissue loss, infection, sensation (*PEDIS*) classifications of diabetic foot infection

Clinical manifestation of infection	SVS	IDSA/PEDIS infection severity
<ul> <li>No symptoms or signs of infection</li> <li>Infection present, as defined by the presence of at least 2 of the following items:</li> <li>Local swelling or induration</li> <li>Erythema &gt;0.5 to ≤2 cm around the ulcer</li> <li>Local tenderness or pain</li> <li>Local warmth</li> <li>Purulent discharge (thick, opaque to white, or sanguineous secretion)</li> </ul>	0	Uninfected Mild
<ul> <li>Local infection involving only the skin and the subcutaneous tissue (without involvement of deeper tissues and without systemic signs as described below).</li> <li>Exclude other causes of an inflammatory response of the skin (eg, trauma, gout, acute Charcot neuro-osteoarthropathy, fracture, thrombosis, venous stasis)</li> </ul>	1	Mild
Local infection (as described above) with erythema >2 cm, or involving structures deeper than skin and subcutaneous tissues (eg, abscess, osteomyelitis, septic arthritis, fasciitis), and No systemic inflammatory response signs (as described below)	2	Moderate
<ul> <li>Local infection (as described above) with the signs of SIRS, as manifested by two or more of the following:</li> <li>Temperature &gt;38° or &lt;36°C</li> <li>Heart rate &gt;90 beats/min</li> <li>Respiratory rate &gt;20 breaths/min or PaCO<sub>2</sub> &lt;32 mm Hg</li> <li>White blood cell count &gt;12,000 or &lt;4000 cu/mm or 10% immature (band) forms</li> </ul>	3	Severe <sup>a</sup>

Bypass versus angioplasty in severe ischaemia of the leg Among 224 patients assigned to PTA, 217 underwent the procedure, immediate technical failure occurring in 43 (20 percent). Among 228 assigned to bypass surgery, 196 underwent the procedure.

> Adam DJ, Beard JD, Cleveland T, et al. Bypass versus angioplasty in severe ischaemia of the leg (BASIL): multicentre, randomised controlled trial. Lancet 2005; 366:1925.

2011 WRITING GROUP MEMBERS, 2005 WRITING COMMITTEE MEMBERS, ACCF/AHA TASK FORCE MEMBERS. 2011 ACCF/AHA Focused Update of the Guideline for the Management of patients with peripheral artery disease (Updating the 2005 Guideline): a report of the American **College of Cardiology Foundation/American** Heart Association Task Force on practice guidelines. Circulation 2011; 124:2020.

## ACC/AHA 2011

For patients that have an estimated life expectancy of two years or less, or those who do not have autogenous vein available as a conduit, balloon angioplasty is reasonable as the initial procedure, in selected patients, to improve distal blood flow.

## ACC/AHA 2011

For patients with an estimated life expectancy of more than two years, and who have available autogenous vein conduit, a bypass surgery is reasonable to perform as the initial treatment to improve distal blood flow.

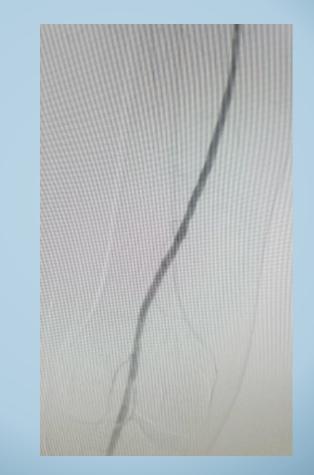
## Vascular Exam

Pulse	Rt	Lt
<ul> <li>Femoral artery</li> </ul>	2+	2+
<ul> <li>Popliteal artery</li> </ul>	2+	2+
<ul> <li>Dorsalis pedis artery</li> </ul>	-ve/mono	1+
<ul> <li>Posterior tibial artery</li> </ul>	-ve/mono	1+
• ABI	1.0	1.3

#### Angiogram with angioplasty

## Angiogram





Femoropopliteal Segment

## Angiogram

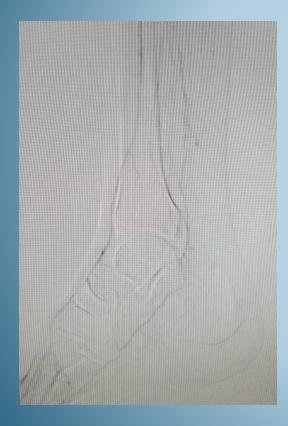


**BTK** lesion



Arch of foot

## **Balloon Angioplasty**



Preballoon





Postballoon





### Vascular Exam

	Pulse	Rt
•	Femoral artery	2+
•	Popliteal artery	2+
•	Dorsalis pedis artery	1+
•	Posterior tibial artery	biphasic
•	ABI	noncompressible

### Wound care





18 – 25 Jan 2017
– Admit for CABG
– Post operation no complication

# Conclusion

- **Multidisciplinary** 
  - Endocrinologist
  - Cardiologist
  - Nephrologist
  - Orthopedist
  - PM&R
  - Nutritionist
  - Surgeon
- Hyperbaric chamber
- Stem cell
- Etc.

•

## Limb Salvage in Diabetic Ischemic Foot

Kritaya Kritayakirana, MD, FACS Assistant Professor Chulalongkorn University April 30, 2017